First Step

Gmail Open two-step Verification

Enter this link to get started your 2-Step Verification

https://www.google.com/intl/zh_CN/landing/2step/
Input password

Choose your country and enter your phone number, then you can choose to receive codes via text message or phone call. Click next when finish
Wait until code is send to you and then enter the code, click next.

Click turn on to make it work!
Here you can see that your 2-Step Verification is on.
Second step

Gmail

1. Enter email Setting, enable POP and IMAP in the menu of “Forwarding and POP/IMAP”
2. Enter help menu by clicking “Help” in setting page

3. Input “APP Password” in the search bar and click “Sign in using App Passwords”

4. Click “How to generate an APP password” and click “App password” to go to the password generating page.
5. Enter your gmail password to login again for security. And then click “Next”

6. Choose app for “Mail” and device for “Windows Computer” and click “GENERATE”

7. Password is in the yellow background is generated.
8. Enter Camera Setting on IE
Settings → Alarm → Alarm → Email Setting
9. Fill in the information

SMTP server name: smtp.gmail.com

Server Port: 465

Safe Link: SSL

User name: Email address

Password: Special Password generated through the above process.

Send to: Email address (Can be another email but please make sure its pop/IMAP/SMTP is also activated)

Sender: Email address (should be your gmail)

10. After all info is filled in, please click “Apply” first and then “Test”
11. Once it shows “Test Success”, you will receive a test email.